

ZC 2026: Session: 4: COACH evaluation sheet for TEAM: ZIOS

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Muylaert Nele HEADCOACH

Coaches: Houtevelt Kyllian

Coaches: Muylaert Kenneth

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 29: 100M BACKSTROKE WOMEN 11-12			Heat:2, starttime: 14:03
Heat: 2/12 Lane : 6 Athlete: ANCOLET LAURE			Q-time: 01:46:23
PB (50m pool): no time		PB (25m pool): 01:46.23 SB: no time	
	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 29: 100M BACKSTROKE WOMEN 11-12			Heat:3, starttime: 14:06
Heat: 3/12 Lane : 8 Athlete: FAHY JULIE			Q-time: 01:44:23
PB (50m pool): no time		PB (25m pool): 01:36.80 SB: no time	
	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 29: 100M BACKSTROKE WOMEN 11-12			Heat:4, starttime: 14:09
Heat: 4/12 Lane : 2 Athlete: FAHY EMMA			Q-time: 01:40:19
PB (50m pool): no time		PB (25m pool): 01:35.98 SB: no time	
	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

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Event number: 29: 100M BACKSTROKE WOMEN 11-12		Heat:7, starttime: 14:16	
Heat: 7/12 Lane : 4 Athlete: DE BRUYN JADE		Q-time: 01:33:44	
PB (50m pool): no time		PB (25m pool): 01:33.44 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 15+		Heat:3, starttime: 15:22	
Heat: 3/14 Lane : 3 Athlete: MUYLEAERT YINSE		Q-time: 00:33:21	
PB (50m pool): no time		PB (25m pool): 00:33.21 SB: no time	
	5 0 M		
PB	no time		
	<i>no time</i>		
		

Coach feedback:

Event number: 34: 100M BREASTSTROKE WOMEN 11-12		Heat:2, starttime: 15:59	
Heat: 2/12 Lane : 3 Athlete: ANCOLET LAURE		Q-time: 02:00:40	
PB (50m pool): no time		PB (25m pool): 02:00.40 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 34: 100M BREASTSTROKE WOMEN 11-12		Heat:2, starttime: 15:59	
Heat: 2/12 Lane : 4 Athlete: FAHY JULIE		Q-time: 01:58:81	
PB (50m pool): no time		PB (25m pool): 01:58.81 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

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Event number: 34: 100M BREASTSTROKE WOMEN 11-12			Heat:5, starttime: 16:07
Heat: 5/12 Lane : 8 Athlete: FAHY EMMA			Q-time: 01:54:35
PB (50m pool): no time		PB (25m pool): 01:54.35 SB: no time	
	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 34: 100M BREASTSTROKE WOMEN 11-12			Heat:7, starttime: 16:11
Heat: 7/12 Lane : 4 Athlete: DE BRUYN JADE			Q-time: 01:48:69
PB (50m pool): no time		PB (25m pool): 01:48.69 SB: no time	
	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 35: 200M FREESTYLE MEN 15+				Heat:2, starttime: 16:29
Heat: 2/13 Lane : 2 Athlete: ANCOLET MATS				Q-time: 02:45:93
PB (50m pool): no time		PB (25m pool): 02:45.93 SB: no time		
	50 M	100 M	150 M	200 M
PB	no time	no time	no time	no time
	<i>no time</i>			

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13-14			Heat:3, starttime: 17:09
Heat: 3/11 Lane : 3 Athlete: DE MEY MEREL			Q-time: 01:34:46
PB (50m pool): no time		PB (25m pool): 01:34.46 SB: no time	
	50 M	100 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback: